



Term 3 2021 MENU

available 3 days a week

Monday, Wednesday, Friday

ROLLS & WRAPS

Ham or Chicken Roll with Salad (lettuce, carrot and cheese)	\$4.50
Vegetarian Roll	\$4.00
Ham or Chicken Wrap with Salad (lettuce, carrot and cheese)	\$6.00
Vegetarian Wrap	\$5.50
Crispy Chicken Wrap with lettuce and mayo	\$6.50
Bacon & Egg Roll	\$5.00

HOT FOOD

Small Mince Savoury	\$1.70
Large Sausage Roll	\$3.00
Beef or Chicken Noodles	\$3.50
Cheese Toasted Sandwich	\$3.50
Ham & Cheese Toasted Sandwich	\$4.00
Chicken & Cheese Toasted Sandwich	\$4.00
Spaghetti & Cheese Toasted Sandwich	\$4.00
American Hot Dog with tomato sauce	\$4.00
Meat Pie (Mince, Mince & Cheese, Steak & Cheese, Potato Top)	\$4.00
Mini Pizza (ham, cheese & pineapple)	\$4.00
8x Mini Vegetable Spring Rolls with sweet chilli sauce	\$4.00
6x Chicken Nuggets with tomato sauce (gluten free)	\$5.00

EXTRAS

Chocolate Chip Cookie	\$2.00
Muffin (Blueberry or Chocolate Chip)	\$2.00
Fudge Brownie	\$3.00
Banana Loaf (dairy free)	\$3.00
Fruit – Apple or Banana	\$.80
Water (400ml)	\$2.00

SUSHI (fresh from Hobsonville Sushi)

CHOOSE ONE FLAVOUR ONLY: CHICKEN / TUNA / CRAB / VEGETARIAN / SALMON

4 piece pack	\$4.00
6 piece pack	\$6.00
Chicken On Rice	\$6.00



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Save time and hassle - PRE-ORDER!

Email mvsunchbox@gmail.com

to setup an account

HOW TO ORDER:

1. Choose your lunch order from the Menu on the back.
2. Write your child's **NAME, ROOM NUMBER** and **FOOD ORDER** clearly on the outside of a sealed envelope, with your money or receipt inside (see payment options below).
3. Put the lunch order in classroom lunch bin or bring to the Hall Kitchen between 8.15am – 9.15am on the day. Late orders will not be accepted after this time.

MENU ON THE BACK

PAYMENT OPTIONS:

1. Cash
2. Internet Banking – [The Munch Box 06 0185 0440108 00](https://www.mvschools.edu.au) - using your child's name/room number as the reference. Please enclose confirmation of payment or a **contact phone number** with the lunch order.

facebook: MVS MUNCH BOX

email: mvsunchbox@gmail.com