

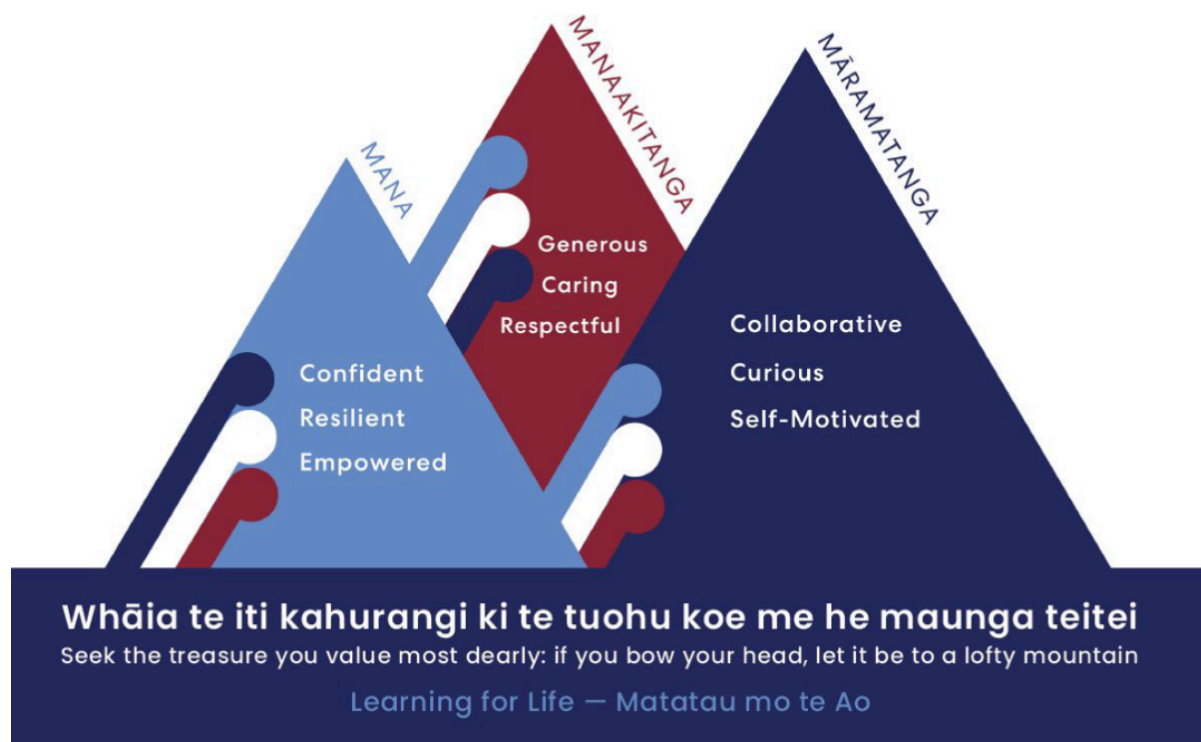
Health and Physical Education at Marina View School

The NZ Health and Physical Education Curriculum is divided into four strands:

- **Personal health and physical development**, in which students develop the knowledge, understandings, skills, and attitudes that they need in order to maintain and enhance their personal well-being and physical development.
- **Movement concepts and motor skills**, in which students develop motor skills, knowledge and understandings about movement, and positive attitudes towards physical activity.
- **Relationships with other people**, in which students develop understandings, skills, and attitudes that enhance their interactions and relationships with others.
- **Healthy communities and environments**, in which students contribute to healthy communities and environments by taking responsible and critical action.

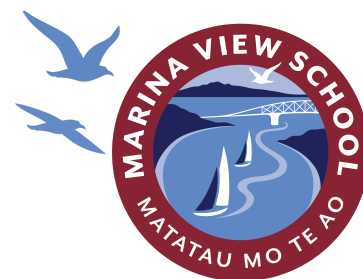
At Marina View School we seek to provide a caring, child friendly environment where students feel safe and able to – ‘learn and grow with confidence’. Opportunities are provided for students that promote a sense of self-value and worth. All students are encouraged to maintain a fit and healthy lifestyle.

Marina View School Learners



MARINA VIEW SCHOOL

Matatau mo te ao Learning for Life



With regard to the New Zealand Health and Physical Education Curriculum guidelines and our school values and learner dispositions above, along with feedback from our consultation with our community last year, we have drafted some examples of how the Health Curriculum will be woven into your child's learning and development over the next 2 years.

Personal Health and Physical Development	<p>Hauora - Wellbeing</p> <p>Our school Values Mana, Manaakitanga and Māramatanga integrated into learning programmes</p> <p>Regular fitness and physical education programmes</p> <p>Sun safety</p> <p>Identity and self-esteem</p> <p>Cybersafety</p> <p>Healthy eating & nutrition</p> <p>Body care</p> <p>Puberty programme - Years 6 & 8 (Nest Consulting)</p> <p>EOTC (Education Outside the Classroom) - Including excursions, various activity weeks camps etc (depending on Year level)</p> <p>Road safety</p>
Movement and Motor Skills	<p>In-school and interschool sport</p> <p>Outside sports' providers: Kiwi Kicks, North Harbour Hockey, Breakers Basketball</p> <p>Learning through movement</p> <p>PMP (perceptual motor programme - Junior School)</p> <p>Fitness everyday</p> <p>Physical education</p> <p>Jump Jam</p>



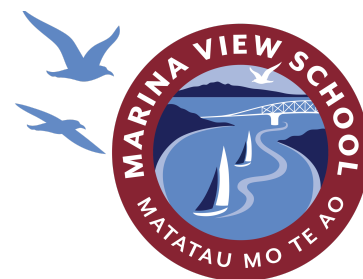
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Office Hours
8:00am to 3:30pm
Monday - Friday

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Relationships	Building healthy relationships Social inclusion and diversity Celebrating cultures and languages Identity and self-esteem Cybersafety Tuakana teina - buddy support systems
Healthy communities and environments	School Values and Learner Dispositions integrated into learning programmes Cybersafety Respectful communities Celebrating cultures and languages - including Language weeks Collaborative learning experiences Gardens and the Garden to Table programme Trees for Survival programme Student leadership opportunities

Through these areas, our teams teach different topics that fit with what our focus is for the term. In some instances, we also work with outside agencies to add value to our programmes.



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